



|                                                   |                                                                                         |                          |
|---------------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------|
| Number of Shares                                  | 5                                                                                       | Sole Voting Power        |
| Beneficially Owned by Each Reporting Person With: | 9,045,893.00                                                                            | Shared Voting Power      |
|                                                   | 6                                                                                       |                          |
|                                                   | 3,485,066.00                                                                            |                          |
|                                                   |                                                                                         | Sole Dispositive Power   |
|                                                   | 7                                                                                       |                          |
|                                                   | 9,045,893.00                                                                            |                          |
|                                                   |                                                                                         | Shared Dispositive Power |
|                                                   | 8                                                                                       |                          |
|                                                   | 3,485,066.00                                                                            |                          |
| 9                                                 | Aggregate Amount Beneficially Owned by Each Reporting Person                            |                          |
|                                                   | 12,530,959.00                                                                           |                          |
| 10                                                | Check box if the aggregate amount in row (9) excludes certain shares (See Instructions) |                          |
|                                                   | <input type="checkbox"/>                                                                |                          |
| 11                                                | Percent of class represented by amount in row (9)                                       |                          |
|                                                   | 19.2 %                                                                                  |                          |
| 12                                                | Type of Reporting Person (See Instructions)                                             |                          |
|                                                   | IN                                                                                      |                          |

## SCHEDULE 13G

### Item 1.

Name of issuer:

(a)

Treace Medical Concepts, Inc.

Address of issuer's principal executive offices:

(b)

100 Palmetto Park Place, Ponte Vedra, Florida 32081

### Item 2.

Name of person filing:

(a)

This statement is filed on behalf of John T. Treace (the "Reporting Person").

Address or principal business office or, if none, residence:

(b)

The business address of the Reporting Person is c/o Treace Medical Concepts, Inc., 100 Palmetto Park Place, Ponte Vedra, Florida 32081.

Citizenship:

(c)

The Reporting Person is a citizen of the United States.

Title of class of securities:

(d)

Common Stock, \$0.001 par value

(e)

CUSIP No.:

### Item 3. If this statement is filed pursuant to §§ 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

(a)

☐ Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o);

(b)

☐ Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);

(c)

☐ Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);

(d)

☐ Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8);

(e)

☐ An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);

(f)

☐ An employee benefit plan or endowment fund in accordance with § 240.13d-1(b)(1)(ii)(F);

(g)

☐ A parent holding company or control person in accordance with § 240.13d-1(b)(1)(ii)(G);

- (h) ☐ A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
- (i) ☐ A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);
- (j) ☐ A non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J). If filing as a non-U.S. institution in accordance with § 240.13d-1(b)(1)(ii)(J), please specify the type of institution:
- (k) ☐ Group, in accordance with Rule 240.13d-1(b)(1)(ii)(K).

Item 4. Ownership

Amount beneficially owned:

- (a) The ownership information presented below represents beneficial ownership of Common Stock of Treace Medical Concepts, Inc. (the "Issuer") as of June 30, 2026, based upon 64,976,624 shares of Common Stock outstanding as of June 30, 2026, as provided by the Issuer. John T. Treace may be deemed the beneficial owner of 12,530,959 shares of Common Stock, which includes (i) 6,805,655 shares of Common Stock held of record by the Reporting Person, (ii) 1,839,063 shares of Common Stock held of record by a family trust, of which the Reporting Person is trustee, (iii) 1,605,000 shares of Common Stock held of record by Reporting Person's spouse, (iv) 1,471,250 shares of Common Stock held of record by a family trust, of which the Reporting Person's spouse is co-trustee, (v) 408,816 shares of Common Stock held of record by a family trust, of which the Reporting Person is co-trustee and (vi) 401,175 shares of Common Stock underlying stock options that are either currently exercisable or will be exercisable within 60 days of June 30, 2026.

Percent of class:

- (b) 19.2 %
- (c) Number of shares as to which the person has:

(i) Sole power to vote or to direct the vote:

9,045,893

(ii) Shared power to vote or to direct the vote:

3,485,066

(iii) Sole power to dispose or to direct the disposition of:

9,045,893

(iv) Shared power to dispose or to direct the disposition of:

3,485,066

Item 5. Ownership of 5 Percent or Less of a Class.

Item 6. Ownership of more than 5 Percent on Behalf of Another Person.

Not Applicable

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

Not Applicable

Item 8. Identification and Classification of Members of the Group.

Not Applicable

Item 9. Notice of Dissolution of Group.

Not Applicable

Item 10. Certifications:

Not Applicable

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

John T. Treace

Signature: /s/ John T. Treace

Name/Title: Chief Executive Officer

Date: 08/12/2026